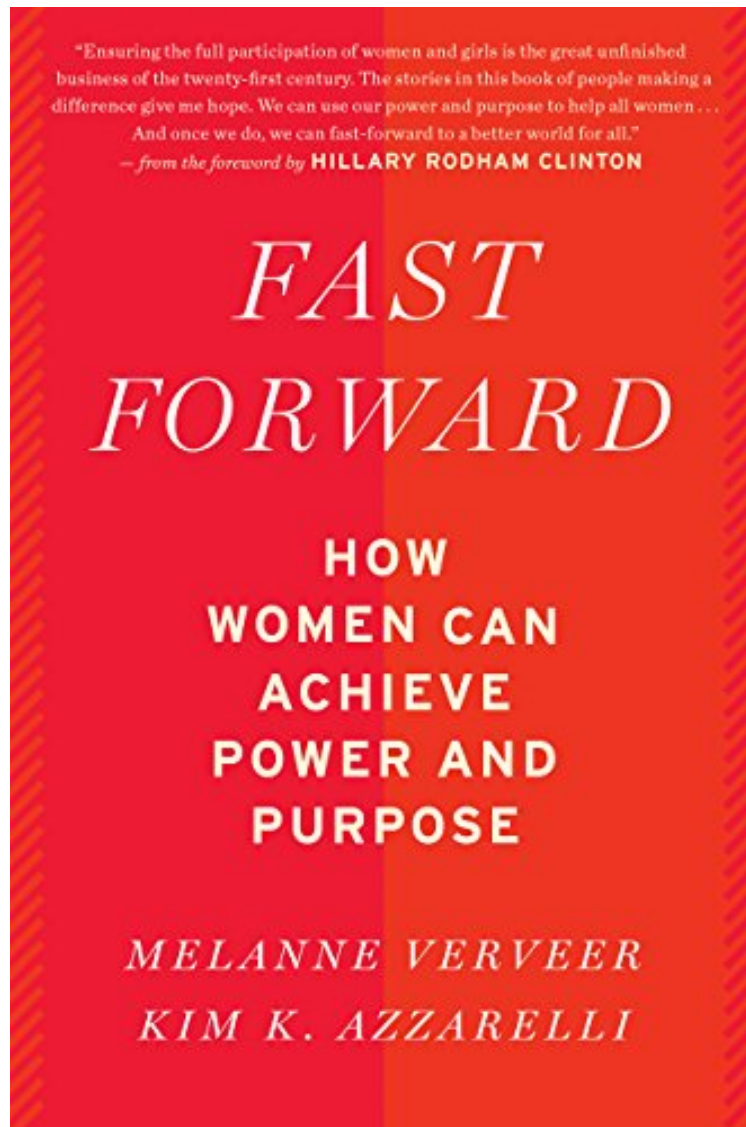


[Free pdf] Fast Forward: How Women Can Achieve Power and Purpose

Fast Forward: How Women Can Achieve Power and Purpose

Melanne Verveer, Kim K. Azzarelli
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Melanne Verveer, Kim K. Azzarelli : Fast Forward: How Women Can Achieve Power and Purpose before purchasing it in order to gauge whether or not it would be worth my time, and all praised Fast Forward: How Women Can Achieve Power and Purpose:

4 of 4 people found the following review helpful. Two books in one! By Lindsay M. What I love about this book is that it offers both theory and practice. The thesis: That women are aspiring to something different than the traditional notion of power. They want to use their power for purpose, to help make a difference. And the practical: The tool kit at the back of the book gives specific exercises for getting power, finding purpose and helping others. 5 of 6 people found the following review helpful. A New Perspective on Life! By Emmie I have only just started to read this book but felt

compelled to write a review already. The reason? Well, because I can emphatically say that this book has already changed my outlook and given me a brand new perspective on life. While we are all engrossed in our own busy lives, the wider message here is that by actively trying (within our own limited means) to be of service to others, we actually win ourselves and become the real beneficiaries. To understand better, you have to of course read the book! But in a nutshell, people who pursue a less self-centered way of life and engage more with others, have been shown (through scientific research) to enhance the quality of their own lives as much as the lives of others. Of course, the other message here is that we need to facilitate and enable greater involvement by women in the world, whether it be in education, commerce, academia or world affairs. I must agree with that viewpoint. I wonder what society would be like today if historically a greater proportion of women had been involved in our affairs? How many wars would we have avoided and how many millions of lives would have been spared? Instead we have had (and continue to have) one senseless territorial war after the other. If these don't result from alpha male behavior, then what does? This is an engaging and well written book with a winning combination of real-life human stories and scientific research. I highly recommend it to all.

0 of 0 people found the following review helpful. An eye opening book
By Karina De Goes
It is a good book about the need of women empowerment and how the "world" are trying to do it. It is also an eye opening for the gender inequality.

Learn how some of the world's most inspiring women are using their growing economic power to create success and meaning in their lives while building a better world. . . and how you can too. Important conversations about leaning in, work/life balance and empowering women and girls around the world have energized a generation of women. Fast Forward, by two women leaders whose experience spans corporate America, public service, and global diplomacy, takes the next step. Through interviews with a network of more than seventy trailblazing women, Fast Forward shows women how to accelerate their growing economic power and combine it with purpose to find both success and meaning in their lives. Companies, countries, and organizations the world over are waking up to today's new reality. Women control the lion's share of purchasing power and are increasingly essential to competitiveness. The age of women's transformative economic influence has finally arrived, and women are using their power for purpose, redefining what power and success mean in the process. Through clear, practical advice and personal stories of women around the world — including Hillary Clinton, Geena Davis, Christine Lagarde, and Diane von Furstenberg — Fast Forward shows every woman how to know her power, find her purpose, and connect with others to achieve her life's goals.

"A durable contribution to the continued efforts to effect change for women." — Kirkus
"We are all capable of great things, even world-changing things, if we take inspiration from others and join together to get it done. We are witnessing an awakening to the justice of civil rights for women in our time. You can feel it is imminent, and it will change the world when it is accomplished. Here are stories of a few women who have dared to imagine the day, and worked to make it happen. Let them inspire you." — Meryl Streep
"A life filled with purpose is the greatest gift we can give to ourselves — and to others. Fast Forward shows women how to lead lives of purpose and meaning, so that they, and our world, can thrive." — Arianna Huffington
"As I have travelled the world, I've seen incredible strength and resilience of women everywhere, working at every level. If there was ever a doubt that our moment is now, this book dispels it. Fast Forward shows every woman how she can empower herself and her community, and why all of us will be better for it. Women are the growing force for progress in the 21st century." — Madeleine Albright
"What is life without a sense of purpose? Any woman who's asked herself this question must read Fast Forward, filled with inspiring stories of women who've achieved power in their own lives and used it to make a difference for others, especially other women and girls." — Maria Shriver
"The stories in this inspirational book serve as a powerful reminder that, with the right support, women can become an unstoppable force in their communities and economies. It is a rousing call to action for anyone who cares about creating a more equal world. Unleashing the full potential of women is not an option — it is an imperative." — Cherie Blair, founder, Cherie Blair for Women
"I love this book. It tells the stories of ingenious women who took the circumstances around them and created successful companies and purpose in their lives, while at the same time recognizing their own power to lift other women up, supporting both economic growth and social progress all over the world. It's an inspiring wake-up call to action, and once you're fired up, longing to find your own power and potential, it gives you a tool kit of information as to how you can begin. Brilliant." — Sally Field
"Fast Forward gives all of us hope through the inspiring examples of pioneering women in global leadership, public service, and the corporate world — a path forged by Melanne Verveer since she helped Hillary Clinton transform the concept of women's rights in Beijing in 1995. Verveer and co-author Kim Azzarelli share their practical experience with new insights into how we can all lean even further forward. A must read for women — and men — who believe strong, educated women and girls are the key to advancing societies." — Andrea Mitchell, NBC News