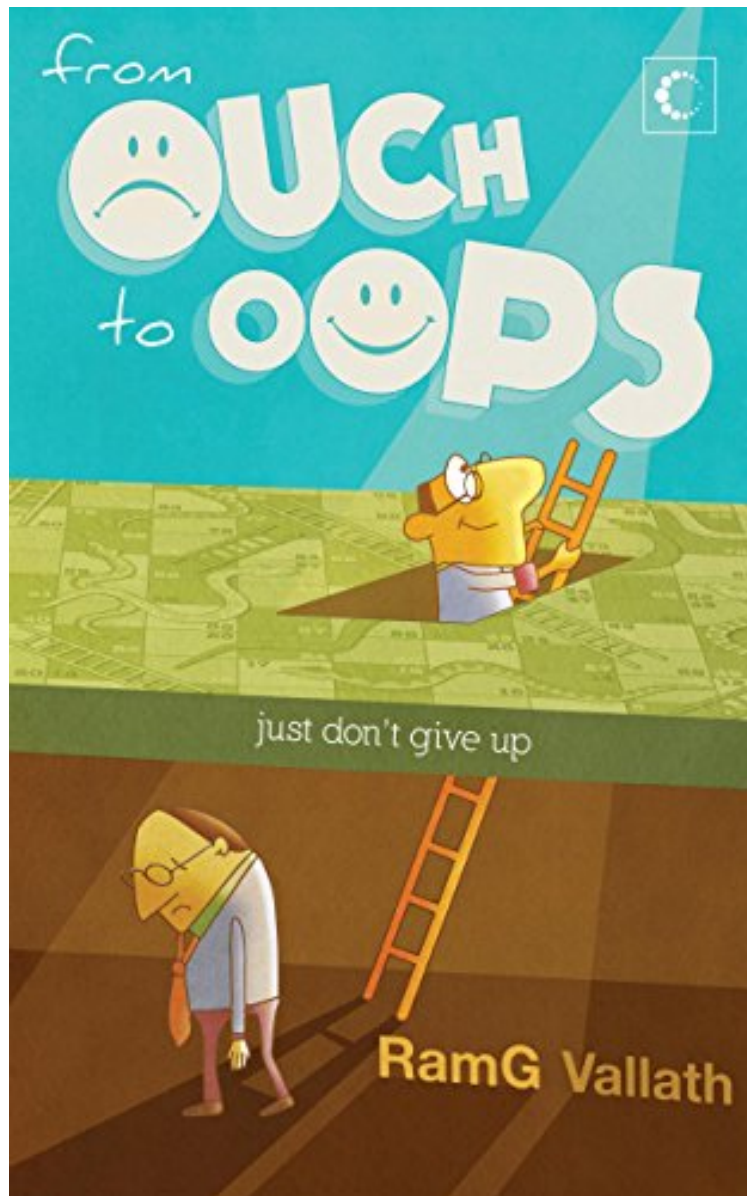


[Read free] From Ouch to Oops

From Ouch to Oops

RamG Vallath

DOC | *audiobook | ebooks | Download PDF | ePub



[Download](#)

[Read Online](#)

#1629536 in eBooks 2014-11-01 2014-11-01 File Name: B00PFWH47U | File size: 18.Mb

RamG Vallath : From Ouch to Oops before purchasing it in order to gage whether or not it would be worth my time, and all praised From Ouch to Oops:

1 of 1 people found the following review helpful. Penultimate Inspiration for Mere MortalsBy Yogesh DhingraRamG style of narration showcases the power of human spirit to a new level. Today, I have learnt a new way to smile back at life, despite the pain it gives us in our neck. The one penultimate inspiring and well illustrated and justified life-lesson (for me) from the book is this: Never keep a grudge ... Bottling up anger and resentment is like drinking poison and

expecting the other person to die. Resentment hurts only oneself. Life is way too short to waste on negative emotions. Thank You RamG .. you are a gem of a person! 2 of 2 people found the following review helpful. A must read By MANOJ G PILLAI I was fortunate to have worked under the leadership of RamG. Reading his book is like looking into his heart. The book pumped positivity into me, felt like I drank an ocean of a positive potion. My favorite part was... In fact almost the whole book is... Too difficult to pick one... Keep up the awesome job RamG! 1 of 1 people found the following review helpful. Powerful testimony yet a fun read By P. Liu An easy and humorous read that is difficult to put down. RamG's simple yet powerful account of how he overcame his health and career crises is both inspirational and instructional. Especially enjoy the nuggets of 'wisdom' and 'lessons learnt' at the end of each chapter!

RamG Vallath has everything going for him. He has studied at IIT, seen 200 per cent jumps in his salary and become one of the youngest chief operating officers of a telecom company in India. When he steps into the role of a director at a major international computer hardware firm, he thinks life is set. But life is soon about to come crashing down on him. He is diagnosed with a rare autoimmune disorder that weakens his muscles. Mundane tasks like buttoning up his shirt, climbing down steps and typing on a keyboard become excruciatingly difficult. To make things worse, he loses his job at a time when his annual hospitalization bill has steadily climbed to Rs 20 lakh. But even as the chips are down and hope starts to fade, RamG decides not to give up. He becomes the cheerleader at home and outside, spreading positivity wherever he goes and choosing to meet his fate with a brave face. From Ouch to Oops is the inspirational true story of RamG's life and holds lessons not just for people with disabilities but anyone with a mental demon. It will teach you grit and courage, make you laugh, and show how when the going gets tough, the tough get humorous. You will put it down knowing that RamG is the most positive person you have ever met.

About the Author Raised on a daily dose of P.G. Wodehouse and hands-on scientific experimentation, Ramgopal 'RamG' Vallath learned two things pretty early: one should never take oneself too seriously, and no problem is unsolvable. Soon, he was whizzing through life, having got an all-India 129th rank in the Indian Institute of Technology Joint Entrance Examination (IIT-JEE). The fact that he did an extended five-year B.Tech. from IIT Madras did not have anything to do with his love for the subject. Having figured out that electronics was not his cup of tea, he jumped into the management rat race to do an MBA from the Xavier Labour Relations Institute in Jamshedpur. He went on to build a successful corporate career, becoming a COO in Airtel at thirty-five, one of the youngest circle heads in India's telecom industry. Not satisfied with the level of challenge in life, he also got diagnosed with a rare autoimmune disorder which crippled him. Never one to give up, he kept a positive outlook. Over the next ten years, even as he grappled with his deteriorating health, he continued to hold down tough and complex jobs, first as a director at Dell and then at HP. In his quest for improved fitness, he lost 12 kg and taught himself how to swim by watching YouTube videos. He is now a motivational speaker and has addressed thousands of children as well as corporate employees, making them laugh out loud as he shared life-changing lessons. He is also the author of a wacky and humorous science fantasy novel called *Oops the Mighty Gurgle*.