Getting to 50/50: How Working Parents Can Have It All

Sharon Meers, Joanna Strober
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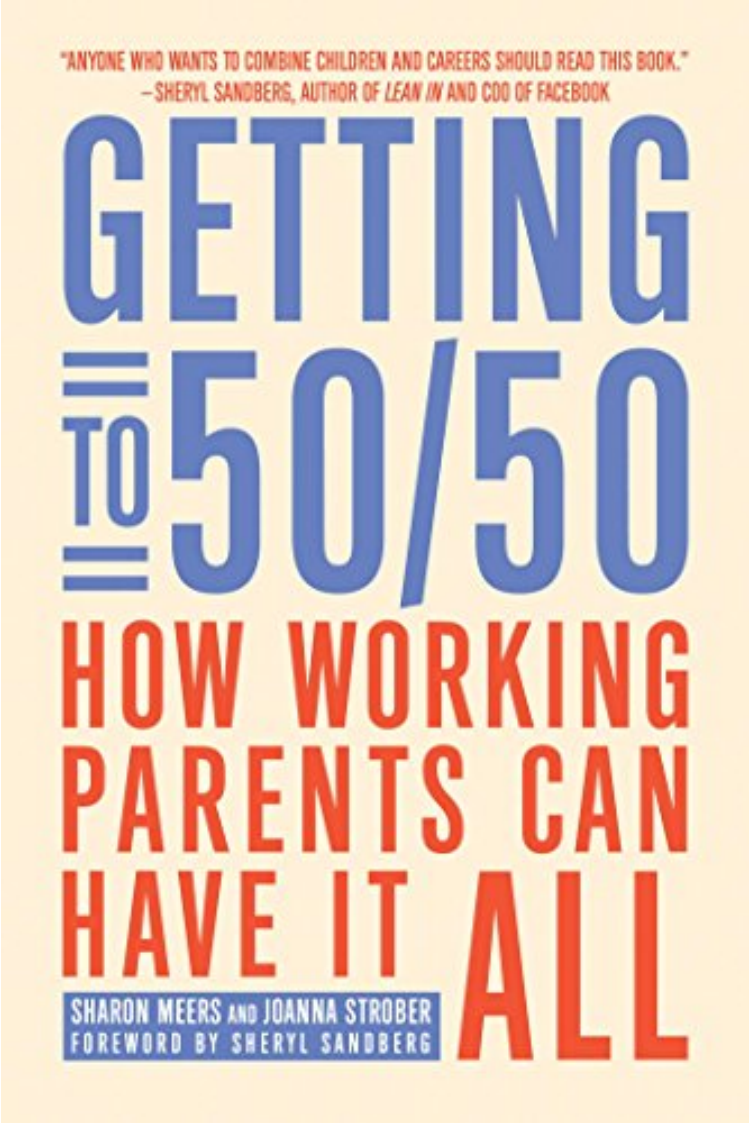

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Sharon Meers, Joanna Strober : Getting to 50/50: How Working Parents Can Have It All before purchasing it in order to gage whether or not it would be worth my time, and all praised Getting to 50/50: How Working Parents Can Have It All:

3 of 3 people found the following review helpful. Must read for every working parentBy Meredith G.This book is filled with research and suggestions for how to successfully navigate the challenges of sharing work and family responsibilities in a two parent household. This is not the sort of self help book where the first chapter is all you need to read. Tips for returning from maternity leave are in the last chapter!0 of 0 people found the following review helpful. Great read!By SitaAwesome book. Humorous, personal and very actionable.The style reminded me of the part

in 'Lean In' where Sheryl Sandberg talks about men changing diapers, and how you need to let everyone make their own mistakes instead of hovering.0 of 0 people found the following review helpful. No Gutsy Planning, No shared glory,By Dr. Robert F. TynanA well research and delightfully written manifesto likely to become a couples handbook on starting and enjoying a family.No pulled punches.No soft landing.Some tears, much joy.

Sharon Meers and Joanna Strober are professionals, wives, and mothers. They understand the challenges and rewards of two-career households. They also know that families thrive not in spite of working mothers but because of them. You can have a great career, a great marriage, and be a great mother. The key is tapping into your best resource and most powerful allymdash;the man you married. After interviewing hundreds of parents and employers, surveying more than a thousand working mothers, and combing through the latest government and social science research, the authors have discovered that kids, husbands, and wives all reap huge benefits when couples commit to share equally as breadwinners and caregivers. Mothers work without guilt, fathers bond with their kids, and children blossom with the attention of two involved parents. The starting point? An attitude shift that puts you on the road to 50/50mdash;plus the positive step-by-step advice in this book. From ldquo;baby boot camprdquo; for new dads to exactly what to say when negotiating a leave with the boss, this savvy book offers fresh ideas to todayrsquo;s families offering encouragement, hope, and confidence to any woman who has ever questioned her choices regarding work and family.

"Don't believe the myths about women and work -- this advice will benefit you now and in the future." --Sheryl Sandberg, COO of Facebook "The authors argue that everyone -- children, parents, society, even the workplace -- benefits when spouses share parenting and wage-earning responsibilities. Their sensible suggestions will be valuable to couples anticipating sharing family and career responsibilities. Highly recommended." --Library Journal"Getting to 50/50 builds on what the latest research tells us: that children can thrive with two working parents and that fathers and mothers play equally important roles. I wish this book had existed when I was raising young daughters." --Kathleen McCartney, Dean, Harvard Graduate School of Education"Once in a rare while, a book comes along and changes the entire nature of the discussion. If Getting to 50/50 doesn't spark a revolution in work/life balance, I don't know what will." --Deborah Copaken Kogan, New York Times bestselling authorFrom the Back CoverThe Road Map to a Great Career, a Good Marriage and a Happy FamilySharon Meers and Joanna Strober are two working moms who believe that everyone wins when men are full parents and women have full careers. They know that families thrive not in spite of working mothers, but because of them. The key is tapping into your best resource and most powerful ally: your spouse. Whatrsquo;s the starting point? An attitude shift that puts you and your husband on the road to 50/50. Here are real-world solutions for parents who want to get ahead in their careers and still get to their childrenrsquo;s soccer games; strategies for working mothers facing gender bias in the workplace; advice to fathers new to the home front; and tips for finding 50/50 solutions to deal with issues of money, time and much more.