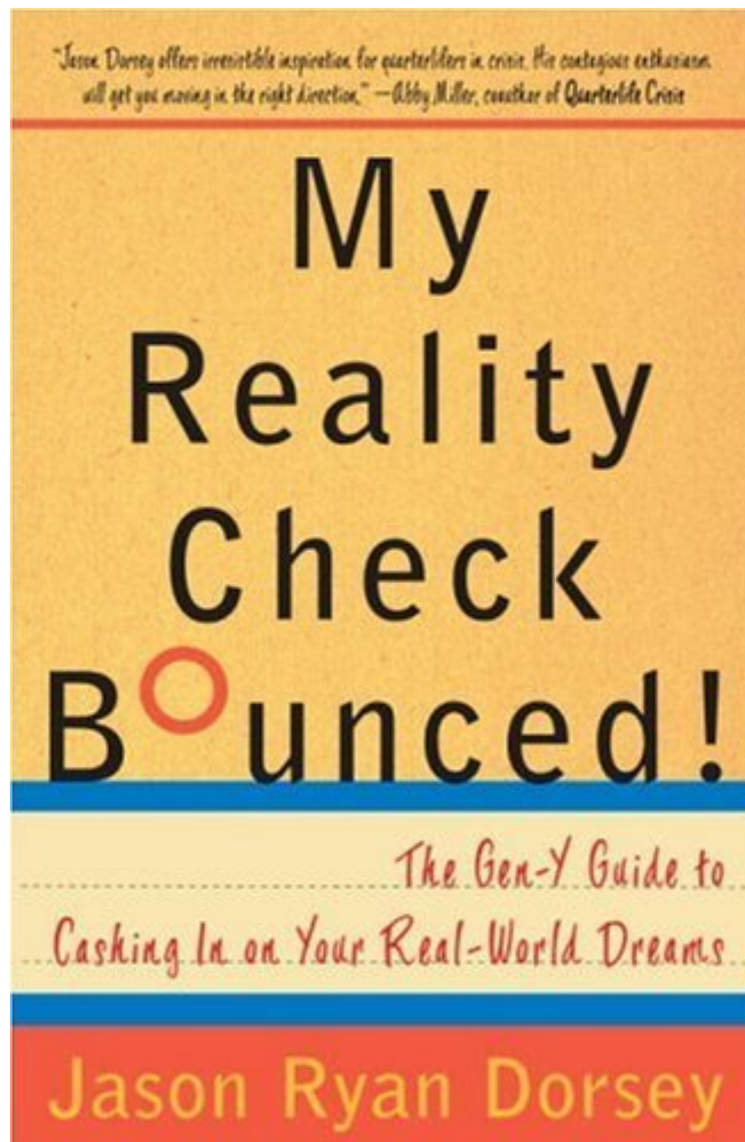


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## My Reality Check Bounced!: The Gen-Y Guide to Cashing In On Your Real-World Dreams

Jason Ryan Dorsey

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**Jason Ryan Dorsey : My Reality Check Bounced!: The Gen-Y Guide to Cashing In On Your Real-World Dreams** before purchasing it in order to gage whether or not it would be worth my time, and all praised My Reality Check Bounced!: The Gen-Y Guide to Cashing In On Your Real-World Dreams:

0 of 0 people found the following review helpful. Definitely recommend this for young people looking for some

motivationBy Staci M.I bought this book for my 20 year old nephew who was having trouble finding his way to adulthood. He was working part-time, living with his grandparents and had no initiative whatsoever and instead had this horrible sense of entitlement. Wasn't sure if he'd actually read the book or take it seriously or not, but he did! I read the book before giving it to him so that we could discuss it and we recently met and to my surprise he was almost finished reading the book and had a ton of post-its sticking out and highlights throughout the book, as well as places he had actually filled in goals and such. He says that the book gave him the kick he needed to get off his butt and start working toward actually becoming an adult and he now realizes that he has to actually work for it and not expect it to just land in his lap. He's since met with a local college to get his general courses started and has a goal to become a teacher, coach, and family man (down the road). The book is not too long and is filled with real life experiences from a variety of people that help get through to the younger adults.0 of 0 people found the following review helpful. The Perfect Twenty-something GiftBy careerMomentumIf you're looking for a motivational gift for yourself or another twenty-something in your life that is stuck or overwhelmed with life, work or relationships, this book is for you. You don't even need to be twenty something. I'm certainly not, and I found this book incredible. The first several chapter titles spell out Dorsey's message perfectly - stand up for your life, break free, light your fire, and unleash opportunity. Dorsey writes, "Once you let go of common twenty-something beliefs-such as "it's out of my control" and "it's not my fault" and "its not the right time"-you will be free to start doing what it takes to get what you want." This message is for everyone. He just writes it to Generation Y.Dorsey uses practical coaching techniques to guide readers through a process of identifying their Future Self and then becoming that future self. Dorsey is a Gen-Y twenty-something entrepreneur himself. He published his first book at age 18. All of his tips are personally tried and true. He provides examples, resources and really great stories from his, his client's and his friend's experiences to illustrate each point. His concepts bridge career, relationships, and generally living life to the fullest. The book is a bit preachy at times, but well worth the instruction. And it is a quick read at only 227 pages, although I suggest you either use it as a workbook doing and learning as you go, or read through it twice; once to get the info and the second time to do the exercises.Older than twenty -something? No problem. This is a good book. Read it. Unemployed? Thinking of starting a business? Sleeping on a relatives couch? You too-read it. And most of all, Do it! You deserve to be excited about everyday. Think of how liberated you will feel. copy; 2010 Career Momentum,LLC0 of 0 people found the following review helpful. The worst book that I have ever read.By Eugene AuchinleckGranted I don't read many non textbooks anymore, but this book is a disgrace. It tells you how all of the world's problems are your fault and you need to push yourself beyond all reasonable limits to achieve your goals. It has to be the most demotivational book ever published and the author is such a cocky, snotty jerk that it will make you sick.The instructor that I had for this class also liked to blame her students in advance for her own vague instructions. Avoid this book and avoid professors who use it.

It's time to cash your reality check and re-create your life on your own terms.In your twenties you expect to finally live life on your own terms. But it can seem like the world won't cooperate. Roommates drive you crazy (but you can't afford to lose them), entry-level jobs frustrate you ("Four hundred double-sided copies before lunch,"), and even a dream job can take over your nights and weekends, leaving you feeling like you are running hard but going nowhere. Jason Ryan Dorsey helps you turn this coming-of-age crisis into opportunity. He shows you the big secret of the real world—that you don't realize how much control you have over your life until you use it. In My Reality Check Bounced! Jason shows you how to:Find the courage to climb out of your real-world rut Create a Future Picture that gets you off your "butts";Uncover opportunity and build a tag team to make the most of itLive like you mean it, and finally cash your reality check.