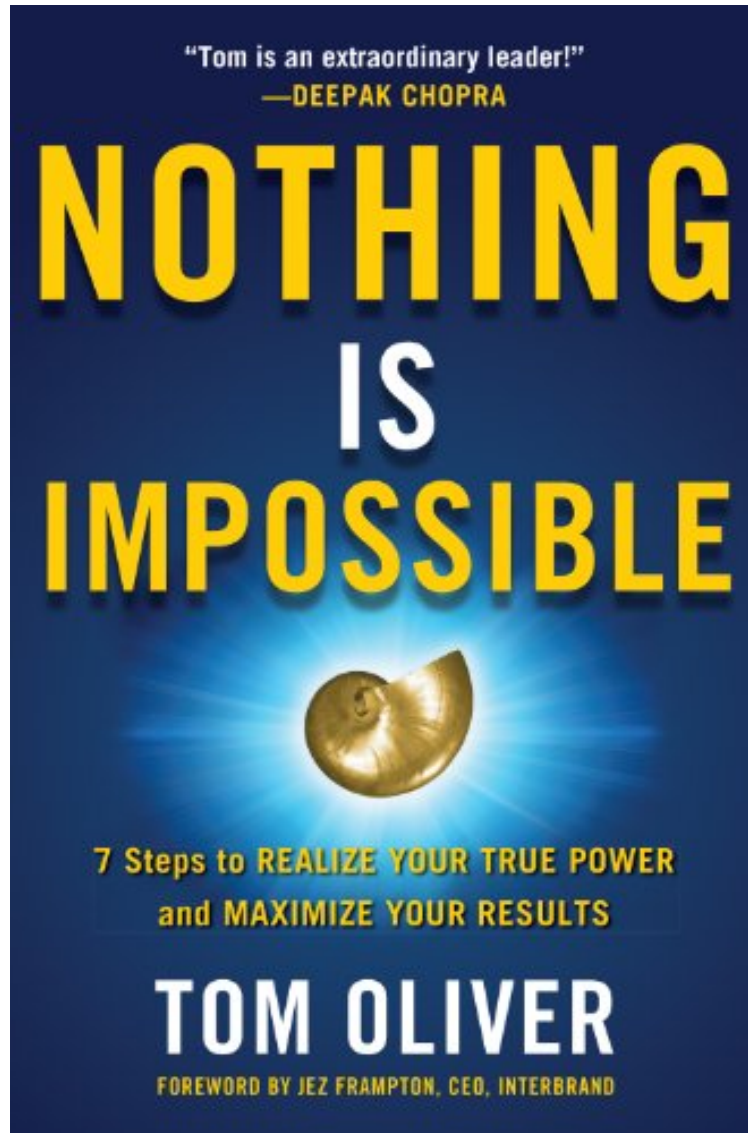


## Nothing Is Impossible: 7 Steps to Realize Your True Power and Maximize Your Results

Tom Oliver

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**Tom Oliver : Nothing Is Impossible: 7 Steps to Realize Your True Power and Maximize Your Results** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Nothing Is Impossible: 7 Steps to Realize Your True Power and Maximize Your Results:

1 of 1 people found the following review helpful. Ready for a Better Life? Then Read This! By L. M. Keefer If a 7-Step plan to rejuvenate your life is of interest to you, Tom Oliver's book on possibility has some powerful ideas. Oliver lives an adventurous life as a public speaker, college professor, musician and song writer, surfer, black belt,

philanthropist, and founder of a world Peace organization among other activities. He has met and talked with many thought leaders and shares what he has learned from them and his personal experiences with the reader. What are the smallest steps you can take to produce big results? That is a question Oliver raises and answers in this book. In each chapter Oliver provides simple but effective exercises to find and take these small steps. Oliver recommends setting one major goal for yourself. For goals to work Oliver says you must do four things: 1) embrace change 2) embrace yourself - your wishes, desires, dreams 3) have an internal buy-in to the goal and 4) imprint the goal deeply and daily. Don't settle for Plan B with your life Oliver suggests. Chase some of your dreams. I found the exercises in this book particularly helpful. One of the exercises Oliver recommends is to make a list of 5 activities you were passionate about as a child and make another list of 5 activities you were passionate about as a teen. Marry those lists and select an activity based on one of those passions to schedule a "passion field trip" to experience a form of that activity as an adult and see where it leads. One activity I enjoyed as a child was reading and writing. So, my field trip will involve writing a short story or outline for a novel based upon a character in history of interest. I already ordered Wallace Stegner's book on writing when he taught at Stanford as part of my "field trip". Oliver is a great fan of fun. One exercise he recommends is to take a few minutes and write a list of as many things as you can think of which are fun to you. Find a way to bring more of them into your life. He also has you identify what are "happy places" to you - a bench at the park, a favorite Starbucks? Try to spend more time there. It's never too late to take the smallest step towards your goals, dreams, fun etc. Take the smallest step in the right direction he urges. This is an upbeat book which inspires some deep thinking. Just reading the book makes you feel happier and inspired about possibility. I have read many, many books about life coaching, self-improvement etc., but this book has many fresh insights and exercises which are enlightening. This is a great book for the start of a new year if you want it to include more adventure, possibility, and fun over the previous year. Very few books do I want to reread. This is one of the few I want to read more slowly and implement most of the ideas in the book to see possibilities expand. 1 of 1 people found the following review helpful. brags too much (in most insulting way) and is in LOVE with himself By Customer This guy is a sloppy writer. Clearly, did not use ghost writer, brags too much (in most insulting way) and is in LOVE with himself. There are places that he communicates well, and then digresses. I was disappointed with the recycled super ego talk, how millions can be made sleeping, or the ease of how his millions slipped into his bank account. I am truly on board with positive thinking, but this is just a book about an egomaniac. 1 of 1 people found the following review helpful. Heard the author interviewed and love how this book tells you to be positive for ... By Clyde Heard the author interviewed and love how this book tells you to be positive for positive results. I have recommended this to several people who would benefit from reading it.

Your 7-step whole-brain plan for improving your business, life, and career--from the man Deepak Chopra hails as "an extraordinary leader" Nothing is Impossible gives you the tools and knowledge to redefine problems and improve business and career performance by drawing on best practices from the creative arts and a wealth of other disciplines. It draws on many dramatic stories, including that of Richard Branson, other top self-made entrepreneurs and CEOs, and world-famous artists and athletes. "Very few business leaders walk the talk as much as Tom does when it comes to ethics in business." -- Professor Michael Luger, Dean, Manchester Business School "Tom is a gateway to millions of next generation trend setters and early adopters. His passion as a speaker is contagious!" -- Jez Frampton, Global Group CEO, Interbrand, world's largest and leading branding consultancy with 40 offices in 25 countries; publisher of Top 100 Global Brands with Bloomberg BusinessWeek "Tom is an incredible force for good in this world. Audacious, passionate, and driven... he lives a mantra, which is incredibly close to our heart at Saatchi Saatchi, that nothing but nothing is impossible." -- Richard Huntington, Director of Strategy, Saatchi Saatchi Tom Oliver teaches at Manchester Business School, one of the top-ranked business schools in the world. He speaks regularly at major global business venues.

About the Author TOM OLIVER is a business leader, global social entrepreneur, philanthropist, and visionary who has worked with some of the world's leading figures, such as Desmond Tutu and the Dalai Lama, as well as CEOs of several Fortune 500 companies. He is founder and chair of the global Leadership Circle at the Manchester Business School in the UK and is also the founder and CEO of the World Peace Foundation, which the Dalai Lama called "a global community of millions of people who take an active stance for peace," and which Nobel Peace Prize laureate Desmond Tutu has called "the most influential peace gathering in history." Oliver is also an artist, singer, and songwriter.